

# STUDENT HEALTH AND WELLNESS CENTER

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The Student Health and Wellness Center (SHWC) provides quality and cost-sensitive healthcare tailored to the needs of our students. The goal of SHWC is to provide campus health and wellness resources that enable students to successfully achieve their academic goals and promote lifelong wellness. The SHWC provides primary care and counseling services, as well as oversees the student health insurance plan and immunization compliance. The SHWC provides administrative oversight of the Aetna Student Health Insurance Plan provided to students registered for one or more academic credit hours. Students are able to schedule medical and counseling appointments by phoning 312.567.7550.

SHWC provides diagnosis and treatment of most common illnesses and injuries with the ability to provide appropriate prescriptions. Immunizations, allergy injections, gynecological care, and sexual health screening. A small fee may incur for labs, diagnostic tests, immunizations, and medication given on site.

Counseling services include individual and group psychotherapy, community referrals, and medication management. Treatment length varies depending on individual needs. Counselors are experienced to address many issues students may face including, but not limited to, loneliness, relationship concerns, family issues, self-esteem, depression, anxiety, concentration difficulties, sleeping difficulties, eating disorders, addiction, sexual concerns, anger management, cultural adjustment, and other personal issues.

The SHWC team of culturally sensitive professionals provides comprehensive clinical services and outreach programs to students. In addition, SHWC is a resource for consultation to faculty, staff, and parents.